



## An Image of advancement

At Moses Taylor Hospital, diagnostic imaging is faster and more advanced and convenient than ever before.

This November, Moses Taylor Hospital revamped its Imaging Services. The process included the installation of state-of-the-art equipment from GE, including a new magnetic resonance imaging (MRI) scanner and a LightSpeed<sup>16</sup> computed tomography (CT) scanner, which significantly reduces scan times while providing high-resolution, detailed images for faster, more accurate diagnoses.



Photo by GE Medical Systems

“With this new equipment, we’re on the cutting edge of diagnostic imaging capabilities,” says James Sundheim, MD, Medical Director of Imaging Services. “Our patients can take comfort in knowing they don’t have to go anywhere else in the country to get what they need because it’s right here.”

To further increase convenience for patients, MTH has combined the MRI and CT scanners in one newly renovated area on the first floor of the hospital. In addition, MTH is using the new picture archive communication system (PACS), which is a digital storehouse for patient images.

“We can see thousands of images in a short period of time, and the images can be transmitted more quickly to be interpreted,” says Dr. Sundheim. “PACS also allows us to transmit images digitally to referring physicians’ offices, which further increases the speed of diagnosis and care.”

*To schedule MRI or CT scans, use our One Call Scheduling Service at (570) 207-3900 for same-day or next-day appointments.*

### Our Mission

Moses Taylor Hospital will provide continuously improving quality and cost effective health care that is customer and community focused.



Photo by Michael Toosey

## A Message from the President

**M**oses Taylor Hospital, which opened its doors in 1892, was created through the philanthropy of one of America's most successful businessmen to provide care for railroad workers and coal miners. The hospital continues to deliver outstanding health care today.

In this issue of *HealthInfo*, you'll read about our new magnetic resonance imaging/computed tomography center, the expansion of our Family Birthing Suites, and our collaboration with other health care providers as we strive to deliver the highest quality of care to residents of Northeastern Pennsylvania.

We hope you benefit from the wellness information we'll provide in each issue. Our goal is to help you maintain your health in every way.

Best wishes for the holiday season,

Harold E. Anderson  
President & CEO  
Moses Taylor Hospital

## 3 ways to create Free Time

Think free time is one luxury you can't afford? Here are three tips to help you find the break you need.

- 1 Create a food plan.** At the beginning of each week, decide what meals you want to fix throughout the week and save time deciding between roast beef and macaroni and cheese every night.
- 2 Make deals with other parents.** Ask friends to watch your children one night a week in exchange for you doing the same for them. Or ask family members to babysit—they'll likely understand your need for a break.
- 3 Get up early.** Waking up before the rest of your family gives you the opportunity to exercise or relax in solitude. You may even find the early start helps you manage your time better through the day.



## joining forces to Fight Cancer



**W**hen you or someone you love is diagnosed with cancer, it's difficult enough dealing with the disease's physical and emotional toll. Now, thanks to a collaboration between Moses Taylor Hospital and Community Medical Center, in cooperation with PrimeMed, P.C., those in Scranton and surrounding communities can receive advanced cancer care close to home at Professional Radiation Oncology Partners, located on Morgan Highway in Scranton. The facility has the area's most advanced radiation therapy equipment, including a state-of-the-art linear accelerator, a positron emission tomography (PET)/computed tomography (CT) simulator, and a CT scanner on rails for image-guided treatment available in only a few facilities nationwide. You can take comfort knowing you're receiving the highest-quality care possible.

"This is the beginning of an important joint venture," says Michael A. Burke, MD, Medical Director of Radiation Oncology for the new facility. "We're working together to provide state-of-the-art radiation oncology services that rival those found anywhere."

For more information, call (570) 558-7400.

# innovative treatment for Wound Care

THROUGH SUPERIOR TECHNOLOGY AND TREATMENTS, MOSES TAYLOR HOSPITAL IS HERE TO MEET YOUR WOUND CARE NEEDS.

The Hyperbaric Oxygen Therapy and Wound Care Center at Moses Taylor Hospital has delivered an innovative approach to health care since the center's opening in March 2004. Using hyperbaric oxygen therapy and other customized wound treatments, the professionals at MTH can help you achieve healing.

"There is hope for non-healing wounds," says Joseph Gershey, DPM, FACFAS and Co-Director of the Hyperbaric Oxygen Therapy and Wound Care Center at MTH. "We can help those who have had unsuccessful treatment before or who just don't know where to turn."

The Hyperbaric Oxygen Therapy and Wound Care Center offers programs to treat poor circulation in the extremities due to diabetes, bone infection, radiation injuries as a result of bone or soft tissue burns, traumatic wounds, and vascular disease. The programs also care for post-operative surgical wounds and compromised skin flaps usually related to plastic surgery.

## Healing Services

One of Mother Nature's greatest healing components is oxygen. At MTH, two hyperbaric chambers provide 100 percent oxygen to heal wounds fast and effectively. Wounds that are covered by a dressing don't have to be removed for treatment. Hyperbaric oxygen therapy



Photo by Sally Robertson

heals the wound by increasing oxygen in the bloodstream rather than through topical exposure. Education on what to expect once inside the chamber—as well as wound care tips—are offered throughout the therapy session.

"As the atmospheric pressure increases in the chamber, patients feel like they are ascending or descending on a plane and often feel a need to pop their ears," says Terence Cochran, MD, FACS, and Co-Director of the Hyperbaric Oxygen Therapy and Wound Care Center at MTH. "However, once the heightened pressure is achieved, they are perfectly comfortable. By using this method, our success rate is very high."

Each spacious chamber accommodates one patient. Because the unit is clear, you can watch television or a movie and communicate with the nurse or technician by hand signals or telephone

throughout the 90-minute treatment. Up to 90 percent of patients' wounds treated with hyperbaric therapy are healed after about two months of weekly visits.

Hyperbaric therapy is available by appointment to inpatients before discharge, outpatients, and nursing home patients. All patients must be referred by a physician.

After completing the hyperbaric oxygen therapy, you can arrange to have a home health care professional assist you with continued treatments and dressings in your home.

"Our staff is highly qualified and treat our patients more like family than patients," says Dr. Cochran. "We want our patients to feel comfortable coming to us."

For more information about wound treatment or the Hyperbaric Oxygen Therapy and Wound Care Center, call (570) 340-3151.

Nancy Kutch and Mary Gedrich, below left, secure a patient in the hyperbaric chamber as wound care therapy begins.

## Healing Hands

Rest assured that you're in good hands. This group of caring professionals brings expertise in treatment methods when caring for your needs.

Terence Cochran, MD, FACS  
Co-Director

Mary Gedrich, RN, BSN  
Program Manager

Joseph Gershey, DPM, FACFAS  
Co-Director

Wade Kapelanovich, LPN  
Hyperbaric Technician

Nancy Kutch, CNA  
Hyperbaric Technician

Frank Susavage, CHT, DMT/A  
Hyperbaric Technician

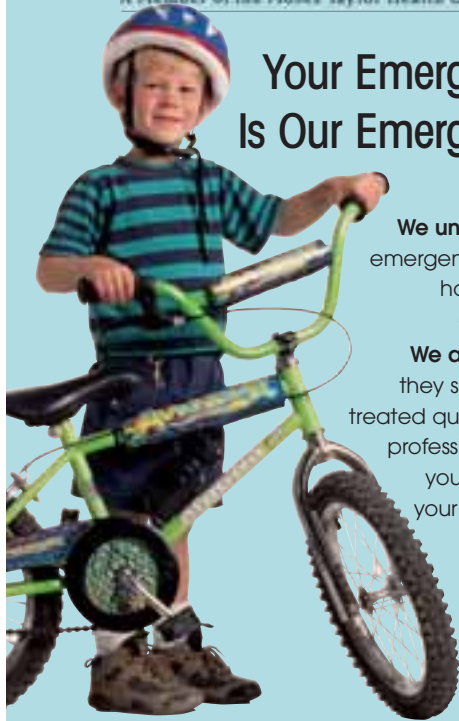
## Visit the HealthInfo Library at MTH

The HealthInfo Library at Moses Taylor Hospital offers free health and wellness information to the public via books, videotapes, and Internet access. The library is open weekdays from 9 a.m. to 4 p.m. On Wednesdays only, the library is open from 11 a.m. to 7 p.m. For more information, call (570) 340-2555.

Mention this newsletter when you stop in and you'll receive a free pocket first-aid kit.



## Your Emergency Is Our Emergency



**We understand** emergencies can happen at any time.

**We also know** they should be treated quickly and professionally so you can get your life back on track.

That's why **we go the extra mile** by keeping our Emergency Departments open 24 hours a day, seven days a week.

Whether you need lifesaving procedures in emergency situations or treatment of medical and surgical problems, or minor injuries and illnesses . . .  
**. . . Your Emergency Is Our Emergency.**

Mid-Valley Hospital

1400 Main St. Peckville

Main Number: (570) 383-5500

**Emergency Care: (570) 383-5511**



## expanding to Welcome More Babies



**W**hen you welcome a new baby into your family, you want to be in an environment focused on strengthening that special bond. This is what you find at Moses Taylor Hospital. And when we unveil our newly expanded Family Birthing Suites unit in June 2005, even more families will be able to experience the individualized care our hospital can provide.

“The unit has been very successful since it opened in 2000,” says Karen Murphy, Vice President of Planning at MTH, and CEO of Physicians Health Alliance. “The expansion will build on the same philosophy and commitment to quality we’ve always had in the Family Birthing Suites; we’ll now be able to provide those services to even more families.”

By doubling its size, the unit will offer 11 labor and delivery rooms, 30 postpartum rooms, and three additional antepartum observation rooms. The neonatal intensive care unit (NICU) will also expand to accommodate 15 to 20 babies with special needs.

“In the Family Birthing Suites, we make the birth of a baby an event for the whole family, while providing high-quality, state-of-the-art medical care,” says Murphy.

*Call (570) 340-BABY (2229) for more information or to schedule a tour.*

## Community Education Programs

Would you like to receive information about our Live & Learn lecture series? Call (570) 340-2454 and leave your name and address. We'll mail you fliers about upcoming free education programs. Watch for more information in spring 2005!



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 (570) 340-2100

Visit us on the Web at [www.mth.org](http://www.mth.org).

